BE HEALTHY!

EAT FRESH!

BUY LOCAL!

## **DETROIT COMMUNITY MARKETS**

—— Seasonal Eating Calendar ⊢—

Every fruit and vegetable has a time of year when it is enjoyed best. Use this guide to help you find out what's in season during a particular time of the year. Eating local produce is good for you, the environment, and our economy!

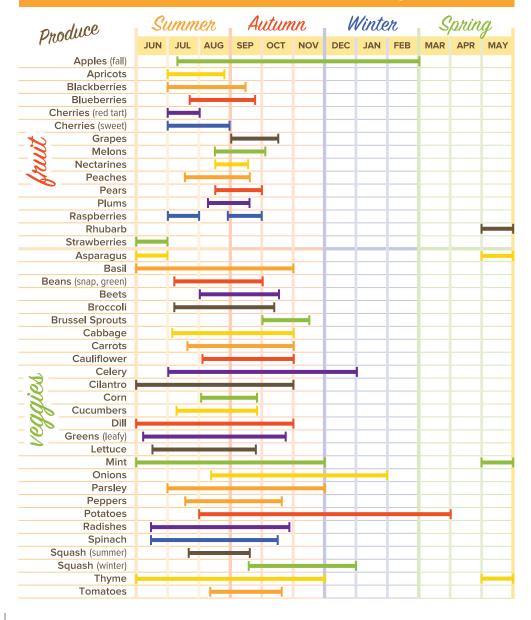
You can find many of these fruits and vegetables through different programs of Detroit Community Markets. Visit detroitmarkets.org to find one near you!



**DETROITMARKETS.ORG** 

FACEBOOK.COM/DETROITMARKETS

@DETROITMARKETS





## WHAT IS A CSA?

Community Supported Agriculture (CSA) programs support farmers and strengthen local food systems by encouraging consumers to buy local, seasonal food directly from the farm. CSA members purchase a share and, in return, receive seasonal produce each week throughout the specified season. CSAs provide farmers financial security of receiving payment in advance and customers benefit from having a relationship with their farmer.

11	PICKUP LOCATION	SEASON DURATION	CONTACT	PRODUCTS	COST	ABOUT
Acre Farm	North Corktown	20 weeks Early June - Mid-October	ryan@acredetroit.com facebook.com/ACREDetroit	Fresh produce, herbs, and homemade canned goods	\$450/share	Join Detroit's most exclusive club for vegetable lovers
Brightmoor Artisans	Brightmoor (Westside)	28 weeks May 27 - October 7	brightmoorartisanscoop @gmail.com neighborsbuildingbrightmoor.org (313) 283-8091	Fresh Produce Flowers	\$450/whole share (4 people) \$250/half share (2 people)	Stop by our farmer's market for other great products
City Commons	Three locations: Southwest, Uptown, and Central Detroit	20 weeks Late June - October	citycommonscsa@gmail.com citycommonscsa.com (313) 312-5295	Fresh Produce Flowers	\$425/Full Share \$237/Half share	Cooperative of 5 different Detroit farms
Detroit Abloom	Jefferson Chalmers (Eastside)	20 weeks June 1 - October 15	nsw772011@hotmail.com (313) 587-2446	Bouqets of Flowers & Herbs	\$300/share	Repurposing vacant lots into beauty through growing flowers
Faith Farm	Two locations: North Corktown and Eastside Detroit	18 weeks June 16 - October 20	facebook.com/FaithFarmCsa faithfarmcsa@gmail.com (313) 598-3720	Fresh produce Homemade products	\$400/Share \$350/gift share	CSA includes recipes and tips for staying healthy
The Garden Detroit	Jefferson Chalmers (Eastside)	18 weeks June 8 - October 5 & Nov 22	tommilanopeace@gmail.com (313) 434-5121	Organic heirloom or open pollinated vegetables, fruit, herbs, flowers.	\$450/share	8th season of food grown sustainably and organically
Grown in Detroit	Downtown (Plum Street Market Garden)	9 weeks May 4 - June 29	keepgrowingdetroit@gmail.com detroitagriculture.net (313) 757-2635	Fresh Produce Flowers	\$180/Spring CSA \$35-\$105/Thanksgiving	CSA and Thanksgiving shares feature produce grown by over 40 market gardeners
Rising Pheasant Farms	Two locations: Eastern Market, Corktown Farmer's Market	Year-round	risingpheasant@gmail.com (313) 447-1522	Produce Microgreens	\$100-\$500 (depending on size)	A farmers market-based CSA. Members invest at their preferred level and use their credit at any market we attend

Consider pairing a CSA with regular trips to a farmers' market. To find one near you, visit detroitmarkets.org

For year-round
fresh food visit the
following locations

### **EASTERN MARKET**

Saturday Market 6am-3pm Russell St - *between Mack Ave & Gratiot* 313.833.9300

# FRESH FOOD SHARE Monthly fresh food box

Monthly fresh food box Locations vary 313.923.3535 x 203

#### PEACHES & GREENS PRODUCE STORE

Tuesday-Friday 10am-7pm / Saturday 10am-3pm 8838 Third St - between Gladstone & Hazelwood 313.870.9210